



Orthopaedic Masterclass Series 2009





Orthopaedic Masterclass Series 2009

# Welcome to the Orthopaedic Masterclass Series 2009

## Orthopaedic Masterclass Series 2009



**Keith Hague**

Chief Executive

The Wellington Hospital

I am delighted to announce that throughout 2009 we will be presenting a series of Orthopaedic Masterclasses, which will cover a wide variety of topics across the orthopaedic specialties of Hip, Knee, Foot & Ankle, Spine and Upper Limb, plus launch events for our new Shoulder and Peripheral Nerve Units. Our speakers – who are all Consultants at The Wellington Hospital - will be talking on subjects in which they have an international reputation.

These evening events, to be held monthly, will all take place at the Huxley Lecture Theatre, London Zoo and each presentation will be followed by a buffet dinner. The full programme is shown on the next few pages so that you can put these dates in your diary for 2009. We will circulate a detailed programme about 3 weeks in advance of each specific event.



To reserve a place please contact Jean Anderson at The Wellington Hospital events office either by fax, phone or email as shown later in this document. Places are free of charge and an attendance certificate will be provided.

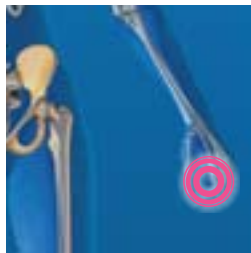
If you need any further assistance or information, please do not hesitate to contact the Wellington Hospital events office on 07967 032441.

I look forward to seeing you at these events throughout 2009.

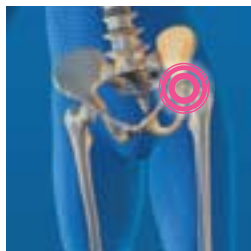
Keith Hague

Chief Executive, The Wellington Hospital

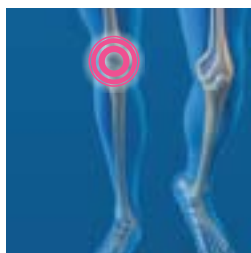
# Masterclass Events Diary



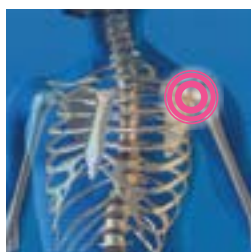
**MASTERCLASS ONE**  
Tuesday 27 January  
Management of Hand Conditions



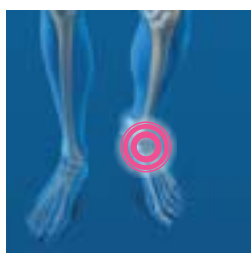
**MASTERCLASS TWO**  
Tuesday 24 February  
Hip replacements



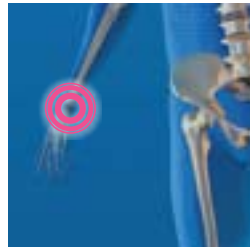
**MASTERCLASS THREE**  
Tuesday 31 March  
Disorders of the Knee



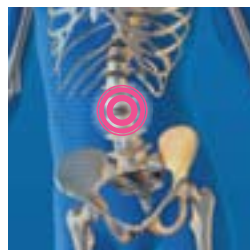
**MASTERCLASS FOUR**  
Tuesday 28 April  
Shoulders & Peripheral  
Nerve Issues



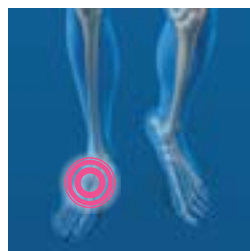
**MASTERCLASS FIVE**  
Tuesday 19 May  
Sports Injuries



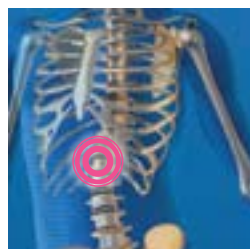
**MASTERCLASS SIX**  
Tuesday 30 June  
Management of Hand &  
Wrist Conditions



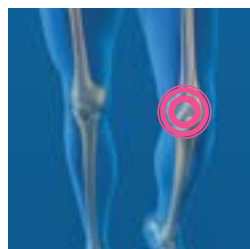
**MASTERCLASS SEVEN**  
Tuesday 28 July  
Management of Spinal  
Conditions



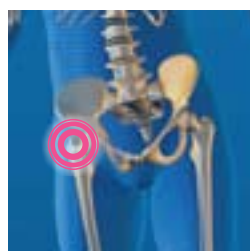
**MASTERCLASS EIGHT**  
Tuesday 29 September  
Dance Injuries



**MASTERCLASS NINE**  
Tuesday 20 October  
Spinal Disorders



**MASTERCLASS TEN**  
Tuesday 17 November  
Management of Knee  
Injuries



**MASTERCLASS ELEVEN**  
Tuesday 8 December  
The Athlete's Hip



Tuesday 27 January

# Masterclass One

## Management of Hand Conditions

Chairman: **Mr Rupert Eckersley**

- Hand Quiz
- What's that Lump?
- Does everyone have Carpal Tunnel Syndrome?
- PIPJ Injuries: Ignore them at your peril!
- Saturday Night in London: Opera or Operation?

The London Hand & Wrist Unit is recognised internationally as providing expertise and high quality care for all patients, adults and children alike, with conditions affecting the upper limb. The London Hand and Wrist Unit specialises in the surgical and non-surgical treatment of all conditions relating to the hand and wrist.



**Mr Giles Bantick**  
FRCS



**Mr Rupert Eckersley**  
FRCS



**Mr David Floyd**  
MSc, FRCS, FRCS (Plast)



**Mr Raj Ragoowansi**  
MSc, MB, FRCS, FRCS (Plast)



**Mr Neil Toft**  
BSc, MBChB, MD, FRCS  
(Plast)

Tuesday 24 February

# Masterclass Two

## Hip Replacements

- Innovation in total hip replacements, alternative options for the younger, high demand patient.
- Why do hip replacements fail and how can we prevent this?

The Wellington Hospital treats patients with disorders of the hip ranging from sports injuries through to hip arthroscopy, together with the management of fractures and infections around the hip. The Wellington Hospital has responded to the increased need for hip disorder management by establishing a highly specialised unit.



**Mr Richard Carrington**  
MBBS FRCS (Orth)



**Mr Howard Ware**  
FRCS (Orth)

Tuesday 31 March

# Masterclass Three

## Disorders of the Knee

- Assessment and management of paediatric disorders of the knee
- Management of anterior cruciate ligament injuries
- Management of posterior cruciate ligament and associated ligamentous injuries
- Management of meniscal injuries

The Wellington Knee Surgery Unit was founded by Professor Paul Aichroth, Mr George Dowd and Mr David Hunt. The unit was launched in 1990 with an aim of providing high quality care for problems associated with the knee for injuries and degenerative disorders of the knee joint by consultants dedicated to treating this particular area of the body.

Since that time the unit has expanded and now has team of 7 consultants specialising in disorders and injuries of the knee. We have been joined by a dedicated team of Rheumatologists and Sports Physicians to compliment the work we undertake. All surgeons are actively involved in teaching both at a National and International level as well as research.



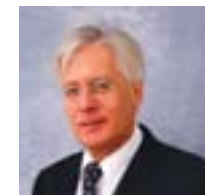
**Mr David Hunt**  
FRCS FRCS (Ed)



**Mr Fares Haddad**  
BSc (Orth), FRCS (Ed), Dip Sport Med, FFSEM



**Mr Jonathon Lavelle**  
FRCS (Orth)



**Mr Howard Ware**  
FRCS (Orth)



**Mr George Dowd**  
MD, MCH (Orth), FRCS



**Mr David Sweetnam**  
FRCS (Orth), Dip Sports Med

Other speaker

**Mr Andrew Williams**  
MBBS, FRCS, FRCS (Orth)



**Mr Marcus Lee**  
FRCS



**Mr Peter Reilly**  
MS FRCS (Orth)



**Mr Mike Fox**  
FRCS



**Mr Marco Sinisi**  
MD

Other speaker

**Mr Omar Haddo** BSc MB BS FRCS

Tuesday 28 April

# Masterclass Four

## Shoulders & Peripheral Nerve Issues

- Launch of the new Shoulder Unit and Peripheral Nerve Injury Units

The Wellington Peripheral Nerve Injury Unit is a leading UK tertiary centre for the treatment of complex peripheral nerve injuries; led by Mr Mike Fox and Mr Marco Sinisi who work together on the PNI Unit at the Royal National Orthopaedic Hospital and provide the exact same range of high quality nerve injury treatment at The Wellington Hospital.

The Wellington Shoulder Unit led by Mr Peter Reilly together with Mr Marcus Lee and Mr Omar Haddo diagnose and treat injuries and musculoskeletal conditions affecting the shoulder and elbow, including sports injuries and complex or revision procedures.



## Orthopaedic Masterclass Series 2009

Tuesday 19 May

# Masterclass Five

## Sports Injuries

- Sports Injuries of the Foot and Ankle

The Wellington Foot and Ankle Unit combines the latest in sophisticated technology with the considerable experience of a highly skilled team of orthopaedic surgeons, with specialists in minimally invasive keyhole surgery. Our aim is to provide patients with the best treatments available in one of the UK's most prestigious private hospitals



**Mr Nick Cullen**  
BSc(Hons), FRCS,  
FRCS (Tr & Orth)



**Mr Mark Herron**  
MB, ChB, FRCS (Tr & Orth)



**Mr Simon Moyes**  
MB FRCS, FRCS (Orth)

Tuesday 30 June

# Masterclass Six

## Management of Hand & Wrist Conditions

**Chairman: Mr Paul Smith**

- Hand Surgery Diagnosis Quiz
- The Wonders of the DRUJ and Forearm Rotation
- The Cutting Edge of Hand & Wrist Surgery
- Dupuytren's Disease: Paris or London?
- Sports Injuries to the Hand & Wrist

The London Hand & Wrist Unit includes the most distinguished multi-disciplinary team members from four specialities. Orthopaedic and Plastic Surgeons, with specific hand and wrist training, provide the medical and surgical care together with specialised senior occupational therapists (OTs) and physiotherapists (PTs) providing the rehabilitation services.



**Mr Rupert Eckersley**  
FRCS



**Mr Ciaran Healy**  
MD, DCS, FRCSI, FRCS (Plast)



**Mr Elliot Sorene**  
MBBS, FRCS (Tr & Orth),  
EDipHS



**Miss Barbara Jemec**  
MD, ECFMG (USA), FRCS  
(Plast), EBOPRAS, CST



**Miss Alice Bremner-Smith**  
FRCS

Tuesday 28 July

# Masterclass Seven

## Management of Spinal Conditions

- Paediatric Spinal Deformity
- Prosthetic Disc Nucleus Replacement
- Spinal Tumours

The Wellington Spinal Unit treats all forms of spinal disorders and has gained an International reputation for its high standards of surgery and care.



**Mr Tom Ember**  
MBBS, MRCS (Lon & Glas),  
FRCS (Tr & Orth)



**Mr Ben Taylor**  
MB BS, MCH (Orth), FRCS.  
FRCS (Ed)

Other speaker

**Mr Adrian Casey**  
MBBS FRCS SN

Tuesday 29 September

# Masterclass Eight

## Dance Injuries

- Dancers Problems of the Foot & Ankle

The foot is designed to cope with enormous pressure (several tons over the course of a one-mile run). The foot and ankle contain 26 bones, 33 joints, more than 100 muscles, tendons and ligaments and a network of blood vessels, nerves, skin, and soft tissue. These all work together to provide the body with support, balance, and mobility. A structural flaw or malfunction in one part can result in the development of problems elsewhere in the body.



**Mr Nick Cullen**  
BSc(Hons), FRCS,  
FRCS (Tr & Orth)



**Mr Mark Herron**  
MB, ChB, FRCS (Tr & Orth)



**Mr Simon Moyes**  
MB FRCS, FRCS (Orth)



## Orthopaedic Masterclass Series 2009

Tuesday 20 October

# Masterclass Nine

## Spinal Disorders

- Acute Sciatica and its Management
- Minimal Access Lumbar Spine Surgery
- Adult Spinal Deformity

The Wellington Hospital spinal surgeons work within a comprehensive multi-disciplinary team which includes specialist consultant radiologists, pain medicine consultants, rehabilitation doctors, spinal consultant anaesthetists, specialist spinal nurses and physiotherapists.



**Mr Stewart Tucker**  
MBBS, FRCS (Eng),  
FRCS (Orth)



**Mr Lester Wilson**  
MB, BS, BSc (Hons),  
FRCS (Eng), FRCS (Orth)

Other speaker

**Mr James Allibone**  
BSc FRCS (SN)

Tuesday 17 November

# Masterclass Ten

## Management of Knee Injuries

- Management of Chondral injuries
- Management of degenerative injuries including conservative and operative management including total knee replacement

The Wellington Knee Surgery Unit treats patients with disorders of the knee ranging from children's abnormalities, knee ligament and cartilage injuries to arthritic conditions. The main disorders involving the knee include osteotomies around the knee, anterior cruciate ligament damage, damaged meniscus, multi ligament injury, total knee replacement, and chondral damage.



**Mr George Dowd**  
MD, MCh (Orth), FRCS



**Mr David Hunt**  
FRCS FRCS (Ed)



**Mr Howard Ware**  
FRCS (Orth)



**Mr Jonathon Lavelle**  
FRCS (Orth)



**Mr David Sweetnam**  
FRCS (Orth), Dip Sports Med



**Mr Fares Haddad**  
BSc (Orth), FRCS (Ed), Dip  
Sport Med, FFSEM

Other speaker

**Mr Andrew Williams**  
MBBS, FRCS, FRCS (Orth)

Tuesday 8 December

# Masterclass Eleven

## The Athlete's Hip

Modern active lifestyles and sport have led to patients seeking attention for hip problems from health care professionals at a much earlier stage than in the past. The hip joint itself is more often the source of the problem than is widely appreciated.



**Mr Richard Villar**  
BSc, MA, MS, FRCS



**Mr Fares Haddad**  
BSc (Orth), FRCS (Ed), Dip  
Sport Med, FFSEM

All information was correct at time of going to press



Orthopaedic Masterclass Series **2009**

# Masterclass Series Reservation Form

To reserve your place on future seminars for **The Wellington Hospital Masterclass Series 2009** complete the details below. Please be aware that you will still be required to confirm your place prior to each seminar.

Please write in Block Capitals

Name .....

Profession .....

Email Address .....

Telephone Number .....

Surgery/Office Address .....

.....

.....

.....

For address stamp

Please tick as appropriate

I would like to attend the following:

**MASTERCLASS ONE** (Evening event)

27 January 2009 - Management of Hand Conditions

Buffet dinner

**MASTERCLASS TWO** (Evening event)

24 February 2009 - Hip Replacements

Buffet dinner

**MASTERCLASS THREE** (Evening event)

31 March 2009 - Disorders of the Knee

Buffet dinner

**MASTERCLASS FOUR** (Evening event)

28 April 2009 - **New** Shoulder & Peripheral Nerve Unit

Buffet dinner

**MASTERCLASS FIVE** (Evening event)

19 May 2009 - Sports Injuries

Buffet dinner

**MASTERCLASS SIX** (Evening event)

30 June 2009 - Hand & Wrist Conditions

Buffet dinner

**MASTERCLASS SEVEN** (Evening event)

28 July 2009 - Management of Spinal Conditions

Buffet dinner

**MASTERCLASS EIGHT** (Evening event)

29 September 2009 - Dance Injuries

Buffet dinner

**MASTERCLASS NINE** (Evening event)

20 October 2009 - Spinal Disorders

Buffet dinner

**MASTERCLASS TEN** (Evening event)

17 November 2009 - Management of Knee Injuries

Buffet dinner

**MASTERCLASS ELEVEN** (Evening event)

8 December 2009 - The Athlete's Hip

Buffet dinner

Please fax this form to Jean Anderson on +44 (0)1932 242843 or  
email your response to [jean@wellingtonevents.co.uk](mailto:jean@wellingtonevents.co.uk) or telephone 07967 032441.

# Masterclass Events Location

## How to find London Zoo

### From Camden Town Station (15 minute walk)

Camden Town is the nearest tube station to ZSL London Zoo with its Northern Line connection.

- Exit the station on the right-hand side and walk along Parkway
- Continue walking up Parkway for about 6 minutes until you reach Prince Albert Road
- Turn right into Prince Albert Road and continue for about five minutes until you reach the traffic-light controlled pedestrian crossing
- Cross left here and walk over the Regent's Canal footbridge
- Turn right and ZSL London Zoo is then 200 metres up the road on the left-hand side.

### Alternatively, ZSL London Zoo visitors can use Regent's Park Tube station (Bakerloo Line) or Baker Street Station (Jubilee, Bakerloo & Metropolitan lines):

From Regent's Park Station (20 minute walk)

- Exit the station and turn right
- Cross the Marylebone Road and turn left immediately into Park Square East
- Continue until you reach the entrance to Regent's Park on the corner of the outer circle
- Walk through the Park along the Broad Walk (heading north) until you reach the outer circle again. Turn left onto the outer circle
- ZSL London Zoo's entrance is 200 metres on the left.

### Directions from Baker Street

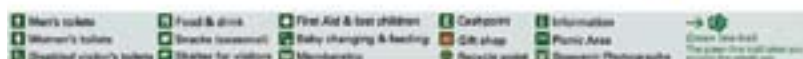
- Catch the 274 bus from Baker Street to Ormonde Terrace

### Or if you fancy a 30 minute walk:

- Exit the station on Baker Street
- Turn right and walk to the end of Baker street
- Cross over Park Road and turn left onto the outer circle
- Follow this road until you reach the Zoo's main entrance on your right.

### Huxley Lecture Theatre

This is located a couple of hundred metres from the main Zoo entrance, on the opposite side of the road. It is just a few minutes walk from the car park.

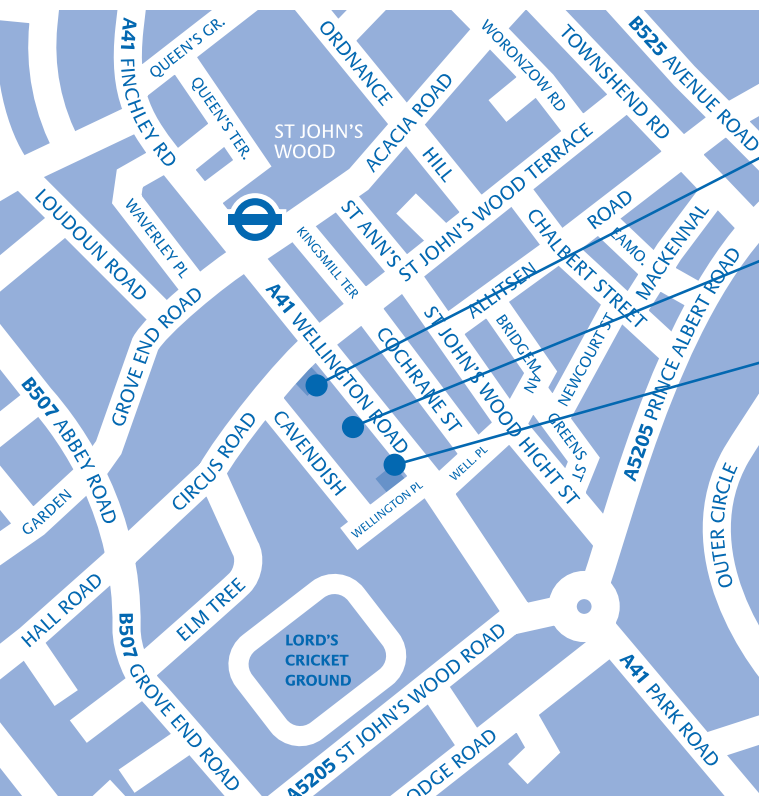




The Wellington Hospital  
 Wellington Place  
 St. Johns Wood  
 London NW8 9LE

Tel 020 7586 5959  
 Fax 020 7586 1960

[www.thewellingtonhospital.co.uk](http://www.thewellingtonhospital.co.uk)



The Wellington Hospital North

Wellington Central

The Wellington Hospital South

### Nearest London Underground Station

St. John's Wood on the Jubilee Line.

### Parking

Limited pay & display parking is available in surrounding streets and a Masterpark Car Park is in Kingsmill Terrace. Call 020 7722 1404 for availability and rates.

## HCA London's No1 Private Hospital Group



# HCA

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